

Kim's Simple Hand Warmers

Size 4 dpns

3 oz of worsted weight yarn.

Cast on 44 stitches and distribute evenly on 3 needles. Join together and work K2P2 ribbing for 3 inches.

Knit 4 rounds.

Begin thumb gusset:

Inc 1 stitch, k1, inc 1 stitch in next stitch. Place marker (there will be 5 stitches for the thumb gusset). Knit remaining stitches to complete the round.

Knit 2 rounds.

Next round inc one stitch in the first and last stitch of the thumb gusset. Knit 2 rounds.

Repeat from * to * until you have 15 stitches in the thumb gusset.

Next round, run a piece of yarn through the 15 gusset stitches removing them from the needle and remove the marker. Cast on 3 stitches before beginning the round. Knit 8 rounds. Then change to K1P1 ribbing for 4 rounds. Cast off in pattern.

Thumb:

Pick up the 15 stitches of the thumb. Pick up 3 stitches (in the 3 you cast on after the thumb gusset was complete. Try to keep the yarn snug as you begin to knit to prevent (as much as possible) holes. Knit 5 rounds (on 18 stitches) then change to K1P1 ribbing for 4 rounds. Cast off in pattern.

When you are tying up the loose ends, you will probably need to use a tapestry needle to close up any holes around the thumb. I usually try to follow the stitches so that it blends in well.